

'Nothing To Hide'

Choreographer **Dee Musk (UK) September 2009**

72 Count 2 Wall Intermediate Waltz - (* *One Restart*) BPM 120

Music:- 'Bare' by Beverley Knight – Album 100% Beverley Knight – Track downloadable from Itunes 3 mins 17 secs version.

12 Count Intro (approx 6 secs). deemusk@btinternet.com Dee - 07814 295470

Step Point, Sailor ½ turn R.

123 Step forward on L, point R to R side, Hold count 3.

456 Making a ½ turn R cross step R behind L, step L to L side, step R to R side. **6 o'clock**

Mambo Forward, ½ Turn Step ¼ turn R.

123 Rock forward on L, recover weight to R, step back on L.

456 Making a ½ turn R step forward on R, step forward on L, make a ¼ turn R (weight on R). **3 o'clock**

Weave R, Side Step With Drag.

123 Cross step L over R, step R to R side, cross step L behind R.

456 Step R to R side, drag L in towards R over 2 counts. **3 o'clock**

Full Turn L With Hitch, Side Step With Drag.

123 Make a ¼ turn L stepping forward on L, make a ½ turn L stepping back on R, make a ¼ turn L hitching L knee (keeping weight on R).

456 Step L to L side, drag R in towards L over 2 counts. **3 o'clock**

½ Turn R With Sweep, Cross Sweep.

123 Make a ½ turn R stepping forward on R, sweep L from behind and cross touch in front of R.

456 Cross step L over R, sweep R from behind and cross touch in front of L. **9 o'clock**

R Twinkle, L Twinkle With ½ Turn L.

123 Cross Step R over L, step L to L side, step R in place.

456 Cross Step L over R, make a ¼ turn L stepping back on R, make another ¼ turn L stepping L to L side. **3 o'clock**

R Twinkle, Cross ¾ Turn L.

123 Cross step R over L, step L to L side, step R in place.

456 Cross step L over R, make a ¼ turn L stepping back on R, make a ½ turn L stepping forward on L. **6 o'clock**

Step Kick, Run Back L,R,L.

123 Step forward on R, kick L forward over 2 counts.

456 Run back L, R, L. **6 o'clock**

Step Back Side Touch, Cross Rock Touch.

123 Step back on R, touch L to L side, hold count 3.

456 Cross rock L over R, recover weight to R, touch L to L side. **6 o'clock**

Step Drag, Step Step ½ Turn R.

123 Step forward on L, drag R to beside L over 2 counts.

456 Step forward on R, step forward on L, make a ½ turn R (weight forward on R). **12 o'clock**

***Restart during wall 2 begin again from here facing 6 o'clock wall**

Step Drag, Step Step ½ Turn R.

123 Step forward on L, drag R to beside L over 2 counts.

456 Step forward on R, step forward on L, make a ½ turn R (weight forward on R). **6 o'clock**

Mambo Step, Coaster Step.

123 Rock forward on L, recover weight to R, step back on L.

456 Step back on R, close L beside R, step forward on R. **6 o'clock**

* **Restart during wall 2 – dance up to and including count 60 – begin again facing 6 o'clock.**

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